***5.1.3 - Capacity building and skills enhancement initiatives taken by the institution include the following***

1. *Soft skills*
2. *Language and communication skills*
3. *Life skills (Yoga, physical fitness, health and hygiene)*
4. *ICT/computing skills*
5. **Soft Skill** -

<http://www.ramanandacollege.org/images/uploads/Soft%20Skill%2020-21.pdf>

1. ***Language and communication skills***

[*http://www.ramanandacollege.org/images/uploads/Language%20and%20communication%20skills%2020-21%20Update.pdf\*](http://www.ramanandacollege.org/images/uploads/Language%20and%20communication%20skills%2020-21%20Update.pdf\)

1. ***Life skills***

* **Yoga** - <http://www.ramanandacollege.org/images/uploads/3.%20%20%20%20Yoga.pdf>
* **Physical fitness** – <http://www.ramanandacollege.org/images/uploads/1.%20%20%20Self%20Defence%20Programme.pdf>
* ***Health and hygiene*** *-* [*http://www.ramanandacollege.org/images/uploads/2.%20%20%20WBHS%20Training%20program.pdf*](http://www.ramanandacollege.org/images/uploads/2.%20%20%20WBHS%20Training%20program.pdf)
* ***ICT/computing skills*** *-* [*http://www.ramanandacollege.org/images/uploads/ICT%20Computing%20skills%20%20.pdf*](http://www.ramanandacollege.org/images/uploads/ICT%20Computing%20skills%20%20.pdf)